

YOU...[®]

bethebestyoucan

Personal & Professional Development



The Motivator[®]

Experience ultimate motivation—take the first step, Call Today!

Course aim...

To motivate you to achieve your goals, and give you the tools to motivate others.

At the end of the workshop you will...

- ⇒ Understand what motivates you, and how to tap into it
- ⇒ Know how to motivate others
- ⇒ Be able to work with feedback to motivate yourself and others

Course content...

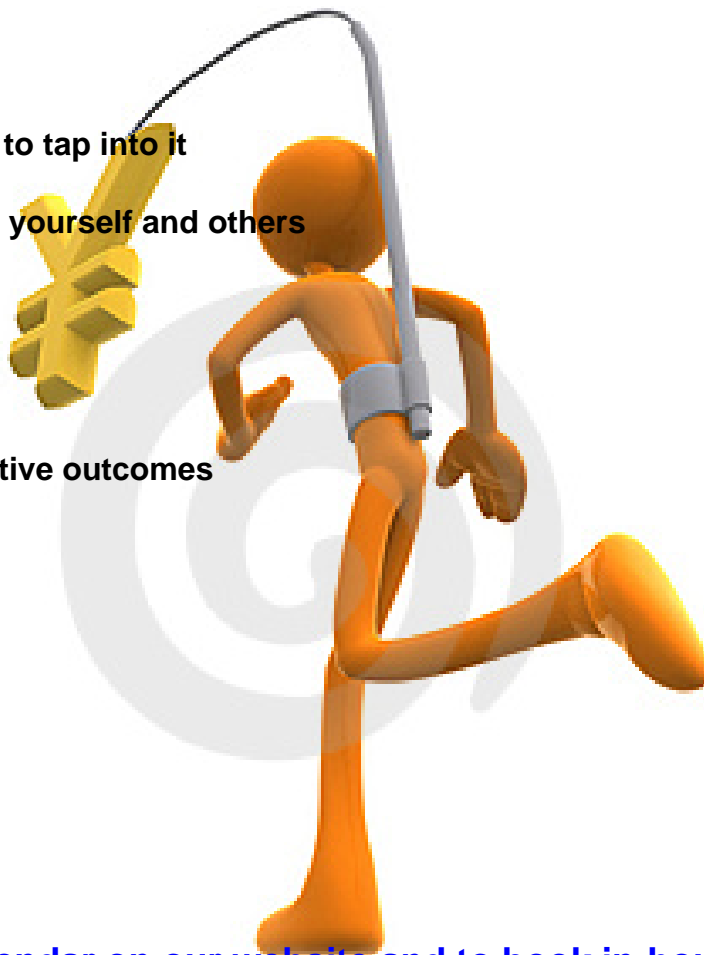
- ⇒ Why motivation works
- ⇒ Choosing words that motivate
- ⇒ How to use your thoughts to achieve positive outcomes
- ⇒ Working with feedback
- ⇒ Keeping on track

Duration: 1 day

Includes:

- ⇒ All workshop materials
- ⇒ Refreshments

Course times: 9:30 am to 4:30 pm



For course dates please see our calendar on our website and to book in-house courses call or email our team today.

Free Phone
0800 612 2878

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NHSTA
NHS Trusts Association

GHsc
VALIDATED PRACTITIONER
General Hypnotherapy Standards Council



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