

# YOU...<sup>®</sup>

## bethebestyoucan

Personal & Professional Development



# Accredited Coach Diploma

Train to be a qualified coach for business and therapy.

### Course aim...

To equip you with the tools to facilitate people in achieving positive changes through an effective coaching process.

### At the end of the workshop you will...

- ⇒ Be able to use a simple and highly effective model for coaching
- ⇒ Have a greater depth of awareness of yourself and others
- ⇒ Be able to use a range of powerful tools in a coaching setting

### Course content...

- ⇒ Building the coaching partnership
- ⇒ Understanding your client's model of the world
- ⇒ Load your language for success using language patterns to help your client move forward
- ⇒ Tools for change—a range of Neuro-Linguistic patterns for positive personal change
- ⇒ Ethics and professionalism—raising your standard as a coach

**Duration:** 5 days

**Includes:**

- ⇒ All workshop materials
- ⇒ Refreshments

**Course times:** 9:30 am to 4:30 pm



For course dates please see our calendar on our website and to book in-house courses call or email our team today.

**Free Phone**  
**0800 612 2878**

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**NHSTA**  
NHS Trusts Association

**GHsc**  
VALIDATED PRACTITIONER  
General Hypnotherapy Standards Council



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